

Main organizer: ŠK POWERFIT BRATISLAVA

Competition date: 16.10.2021

Place: Športová hala Cintorínska 1000/13 Viničné

Promoter of competition : Iveta Hauserová

Leader of competitors:

Judges :5 members

Applications and informations: Applications can be submitted electronically by October

<https://www.zbodyfit.com/el-prihlaska-na-sutaz/cestne-prehlasenie.php?sutaz=128&lang=sk>

<https://www.facebook.com/Media4rent-Natural-Cup-821447314650991>

Competitors will pay for the startup at registration!

Informations: [ivetfit@gmail.com](mailto:ivetfit@gmail.com)

Entry fee competition 40 euro Powerfit Natural Cup

Only competitors and trainers will have access to changing room and warm-up area. Trainers will be paid 5 euros for entry to changing room. The organizer will make the most of effort to prevent theft, but warns of alertness. Organizer is not responsible for any loss

We ask competitors and also trainers to take care about their colors and don't pollute seats, carpets and walls too.

Pollution of the premises outside of changing room by competitors will be penalized by 15 €

Contestants at 1st – place in each category will receive cup, medals, diplomas and prizes

2-3 place in each category

Reservation competition Sank spray pain Protan

<https://protansk.sk>

HOTELS

[www.hotelbaronka.sk](http://www.hotelbaronka.sk)

[www.hotelbratislava.sk](http://www.hotelbratislava.sk)

[www.turist.sk](http://www.turist.sk)

PROPOSITION FOR COMPETITION OF POWERFIT NATURAL CUP BRATISLAVA  
INFORMATION

Presentaion 15.10.2020 time 17.00-19.30 the place competition  
16.10.2020.

7.00 – 9.00 – presentation of all competitors  
9.15 – 9.30 – meeting of competitors, trainers, judges  
9.45 – 18.00 – semi-final +announcement results

Bodybuilding Teenage (15-18 rokov)  
Bodybuilding junior (to 23 years) up to 176 cm  
Bodybuilding junior (to 23 years) over 176 cm  
Fitness bikini junior (to 23 years) up to 164 cm  
Fitness bikini junior (to 23 years) over 164 cm  
Fitness bikini up to 164 cm  
Fitness bikini up to 170 cm  
Fitness bikini over 170 cm  
Bikini Mamas  
Bikini over 35 years  
Ms. Physique  
Masters I –(40-50) years  
Masters II – (50-60) years  
Masters III – ( over 60) years  
Fitness figure – up to 165 cm  
Fitness figure – over 165 cm  
Fitness figure – over 35 years  
Sport model – up to 163 cm  
Sport model – up to 168 cm  
Sport model – over 168 cm  
Sport model – over 35 years  
Mr. Physique – up to 23 years  
Mr. Physique – up to 182 cm  
Mr. Physique – over 182 cm  
Clasic physique man  
Mens up to 175 cm  
Mens up to 180 cm  
Mens up over 180 cm  
Men Athletic

Physical disability

Mixed pairs

Competitors will be presented with identity card/passport and valid registration card with valid license for 2021 with CD disc where will be only one music recording on free presentation yourself on stage (unless the music is recorded in the electronic application form). Only coach will have access to presentation whose competitor has previously entered in the application with the number of his/her ID card/passport, he will get from organizer signification as a „coach“ this signification he is necessary wear on and if he is requested by the organizer he is forced to submit identity card of competitors as well as himself.

The competition is intendend for athletes who are prepared to compete natural way, it means without using any prohibited substances and adherence to the Anti-Doping Codex.

Competitors compete in accordance with appliciable rules and competition rules for natural bodybuilding and fitness. The competitors fully accepts the completion rules and penalties in case of violation.

If the organizer discovers that the competitor does not meet certain conditions resulting from the competition order will be eliminated from the competition/disqualified.

Timely completed and sent electronic application form at [www.sank.sk](http://www.sank.sk) The competitors will pay the starting fee for the presentation of the 40 € start and 15€ contribution to the doping tests. The deadline for applications is 12.th October 2021  
Good healthy status – By signing the applications for competition, the competitors confirm that they compete on their own accountability at the same time we recommend to each participant a healthy check-up at your doctor.

### Warning!!!

Due to the situation of Covid -19, the organizer will follow the valid declaration and measures of the Government of the Slovak Republic. We ask all competitors and their entourage to respect it. The participation of spectators is limited, their presence will depend on the current situation and the regulations of the Government of the Slovak Republic. Sincerely, the organizer Iveta Hauserová