



PROPOSITION

INTERNATIONAL CHAMPIONSHIP OF THE CZECH REPUBLIC IN NATURAL CULTURE AND FITNESS

Organizer: Czech association of natural bodybuilding and fitness

Venue: Bruntál theatre

Date: 28 April, 2018

Director of the competition: Mgr. Eva Mistrová

You can send the email application until 22 April, 2018

https://www.zbodyfit.sk/el-prihlaska-na-sutaz/cestne-prehlasenie.php?sutaz=63&lang=cz

Telephone number: +420775121374

E-mail address: kulturistikacankf@gmail.com

Instructions:

Rules: The competition is held according to the current competition rules of the

categories ČANKF, http://cankf-inba.cz/pravidla/

Start conditions:

- (a) valid registration for 2018 (identity card, passport)
- b) paid registration fee
- c) filled-in electronic application form and sent by deadline

Payments:

- <u>Starting fee</u> of 600 CZK, when starting in two categories, the fee for another category is 300 CZK, children category 150 CZK
- <u>Ticket price</u>: adults 250 CZK, children + seniors 100 CZK
- Entry into the warm-up for 3 competitors there is 1 coach

Notice: The competitor is required to submit to doping control. In case of refusal or a positive finding, the competitor will be considered positive and will not be able to participate in competitions in the field of natural bodybuilding and fitness. Sanctions are granted in agreement with the current regulations.

The organizer provides conditions for doping control and work of doping commissioners.

Objections: Objections can be submitted after paying an administrative fee of 300 CZK. About their legitimacy will be decided by the appeal committee, composed of: the Chief referee, the Director of the competition and the delegate of the CANKF.

Officials of the competition:

- director of the competition
- promoter of the competition
- leader of competitors
- implementation team
- health supervisor
- presenter
- music direction

Rozhodčí:

<u>Chief referee:</u> Ján Berdy

Administrator of chief referee: L. Zeman

Referee: 5 members of the committee

Timetable:

7.30 – 9.30 – presentation of all competitors

9.30 – 10.00 – referee meeting

10.00 - start of the competition

20. 30 - ending of the competition

The competition will take place in three competition blocks. The schedule will be published after the closing of the electronic registration of the contestants.

Times are only indicative, everything will depend on the number of competitors.

19.30 – 20. 30 – voting of the overall female and male category winner

21.00 - banquet

Competition conditions:

- competition must be in according to the current rules for natural bodybuilding and fitness,
 without use of prohibited substances according to the anti-Doping Code
- competitors will fully accept the rules of the competition and sanction in case of their contravention
- If the competitor does not meet the conditions of the competition, he will be disqualified by the organizer
- competitors compete on their own responsibility
- the application must be submitted in time and only electronically. After closing the electronic registration, the only way how to enter the competition will be at the presenation and with the fee of 250 CZK

Additional instructions and information:

Competitors will arrive with a valid ID or passport. Contestants in the categories where the music is requested will bring a CD with one song for a routine - if it is not recorded in the electronic application form. Women will bring swimsuits and proper footwear (high heels).

Only competitors and coaches who will be tagged with a band on the wrist will have access to the dressing room and warm-up area. Their responsibility is to wear this band and to show an identity card at the organizer's request.

The organizer is not responsible for any loss of valuable or personal items or money.

We ask the competitors to prevent the skin colors from polluting the interior and the exterior of the theater. In case that the contestant pollutes the theater area, the damages must be paid in the amount of 1,000 CZK.

The costs associated with participation in the competition (starting fee, accommodation) are paid by the competitors themselves.

The competitors are allowed to enter the auditorium only in long-sleeved clothing and long trousers - to prevent staining the seats.

DREAM TAN color is forbidden. PRO TAN color or color on the same base is allowed.

Awards and titles:

Competitors who are placed on the 1st - 3rd place in each category will receive a medal, a diploma and a cup. During the presentation, each participant in the championship will receive advertising items.

Accreditation: Media representatives send their accreditation requests to the email address:

kulturistikacankf@gmail.com

Competition categories:

Children:

Children fitness (according to the age)

Women:

Fitness bikini: juniors (age to 23) Fitness bikini Fitness Figure Sport model

Men:

Natural bodybuilding: to 175 cm, to 180 cm, over 180 cm

Masters: age 40 -50, over 50

Mr. Physique: to 182 cm, over 182 cm

The organizer reserves the right to merge or cancel the category and in the event of insufficient number of participants. There must be at least 3 competitors in each category!



















Aleš Jurenka, Mgr. I. Valtová, Mgr. ing. I. Zálešáková, Mgr. R. Jančová, Petr Čoček, Jiři Hlaváč, Jana Mikolajková, MUDr. Naděžda Ryšánková, Tvargi s.r.o., FVE CHZ s.r.o. , J. Demel