

SLOVAK ASSOCIATION OF NATURAL BODYBUILDING



POWERFIT NATURAL CUP BRATISLAVA

Main organizer: ŠK POWERFIT BRATISLAVA

Competition date: 25.5.2019

Place: Cultus Ružinov Ružinovská 28 Bratislava

Promoter of competition : Iveta Hauserová

Leader of competitors: Dominika Aranyosiová

Judges: 5 members

Applications and informations: Applications can be submitted electronically by May

<https://www.zbodyfit.com/el-prihlaska-na-sutaz/cestne-prehlasenie.php?sutaz=96>

<https://www.facebook.com/Media4rent-Natural-Cup-821447314650991>

Competitors will pay for the startup at registration!

Informations: 00421 0911 927 533, ivetfit@gmail.com

Entry fee competition 35.euro (ELITE TOUR) Powerfit Natural Cup

Only competitors and trainers will have access to changing room and warm-up area.

Trainers will be paid 5 euros for entry to changing room. The organizer will make the most of effort to prevent theft, but warns of alertness. Organizer is not responsible for any loss. We ask competitors and also trainers to take care about their colors and don't pollute seats, carpets and walls too.

Pollution of the premises outside of changing room by competitors will be penalized by 15 €

Contestants at 1st – place in each category will receive medals, diplomas and prizes
2-3 place in each category

Reservation competition Sank spray pain Protan

<https://protansk.sk>

HOTELS

www.hotelbaronka.sk

www.hotelbratislava.sk

www.turist.sk

PROPOSITION FOR COMPETITION OF POWERFIT NATURAL CUP BRATISLAVA INFORMATION

Presentaion 24.5.2019 time 17.00-19.30 the place competition

25.5.2019

7.00 – 9.00 – presentation of all competitors

9.15 – 9.30 – meeting of competitors, trainers, judges

9.45 – 15.00 – semi-final of all categories in order:

Bodybuilding Teenage (15-18 rokov)

Bodybuilding junior (to 23 years) up to 176 cm

Bodybuilding junior (to 23 years) over 176 cm

Fitness bikini junior (to 23 years) up to 164 cm

Fitness bikini junior (to 23 years) over 164 cm

Fitness bikini up to 164 cm

Fitness bikini up to 170 cm

Fitness bikini over 170 cm

Ms. Physique

Masters I –(40-50) years

Masters II – (50-60) years

Masters III – (over 60) years

Fitness figure – up to 165 cm

Fitness figure – over 165 cm

Fitness figure – over 35 years

Sport model – up to 163 cm

Sport model – up to 168 cm

Sport model – over 168 cm

Sport model – over 35 years

Mr. Physique – up to 23 years

Mr. Physique – up to 182 cm

Mr. Physique – over 182 cm

Clasic physique man

Mens up to 175 cm

Mens up to 180 cm

Mens up over 180 cm

Physical disability

Mixed pairs

16.00 – 19.00 – final of all categories + announcement of results

20.00 – gala reception :D ...

Competitors will be presented with identity card/passport and valid registration card with valid license for 2019 with CD disc where will be only one music recording on free presentation yourself on stage (unless the music is recorded in the electronic application form). Only coach will have access to presentation whose competitor has previously entered in the application with the number of his/her ID card/passport, he will get from organizer signification as a „coach“ this signification he is necessary wear on and if he is requested by the organizer he is forced to submit identity card of competitors as well as himself. The competition is intended for athletes who are prepared to compete natural way, it means without using any prohibited substances and adherence to the Anti-Doping Codex. Competitors compete in accordance with applicable rules and competition rules for natural bodybuilding and fitness. The competitors fully accept the competition rules and penalties in case of violation.

If the organizer discovers that the competitor does not meet certain conditions resulting from the competition order will be eliminated from the competition/disqualified.

Timely completed and sent electronic application form at www.sank.sk The competitors will pay the starting fee for the presentation of the 20 € start and 15€ contribution to the doping tests. The deadline for applications is 30th April 2018.

Good healthy status – By signing the applications for competition, the competitors confirm that they compete on their own accountability at the same time we recommend to each participant a healthy check-up at your doctor.